## **ONLINE WORKSHOP**

Personal Emergency Planning (Coronavirus - COVID-19 Edition)

Local cost: R250

International cost: \$20 Duration 2hrs Per day

Learn how to prepare for and respond to all the different kinds of emergencies that could befall you including COVID-19 Who this course is for:

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- Entrepreneurs and business owners who want to understand how to prepare themselves for an emergency
- Parents who want to prepare for an emergency
- Anybody who wants to know how to think about emergencies

## What you'll learn:

- Learn the basics of Emergency Management from a individual and family perspective
- Identifying types of emergencies
- Impact and consequences of emergencies
- Developing emergency plans
- Individually preparing for emergencies
- Developing personal resilience
- Get lists of what you should buy for the 4 different types of emergency kits
- Get a collection of resources for how to keep up to date on the Coronavirus (COVID-19) and how I'm thinking about it
- You should consult your doctor before implementing anything from this course, which is for entertainment purposes only